

FOR WORKING STUDENTS

If you work while attending school, you are undertaking an especially challenging stage of life. I'd like to talk with you about how to take care of yourself wisely and avoid burning out while you seek to take as much responsibility for your finances (and other important aspects of your life) as you can. Young adults can "burn the candle at both ends" for longer than turns out to be good for them in the long run. Because I honor hardworking men and women, I want to help you achieve your dreams in a reasonable and self-nurturing way that takes into account the long-term side effects of hard work. Stress can rob you of your life satisfaction and leave you wondering why you put out so much effort for so little reward.

Unlike most prescription medications that come with warnings about their adverse side effects, society's admiration for hard-workers fails to warn about the potential for harmful long-term consequences. I can help you enjoy mastering your freedom as a responsible, empowered and contributing member of society with less risk of burning yourself out prematurely.

There's a lot to talk about when you're thinking about tackling more education and/or extending yourself in other ways or are already tackling an expansive life while inspired by ambitious goals. If you want to design a life for yourself that does not merely repeat patterns of the past that you and others have endured but instead welcomes relief in the form of all your heart desires in an improved future (for yourself and others), I am available to listen and talk as much as you feel the need and desire to share your heart and mind. Let me know if the prospect of feeling less loneliness, less doubt and more reassuring confidence in making and carrying out your decisions interests you. Through our unity of purpose and good will may flow the universal power of life-enriching, heart-reassuring synergy!

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