

## FOR ONES WHO FEEL “DIFFERENT”

If you feel somehow “different” from others, you may be undertaking an especially challenging life. In a society in which pressures to conform are enormous, you may not be here to conform, go along with the crowd or be just like others. You may have deeply rooted desires to be uniquely yourself, an authentic expression of humanity that no one else can be. In fact, you may be expressing another stage in the evolution of humanity that the majority of humans currently on Earth resist accepting because they fail to appreciate its value – or even imagine welcoming its possibility. In short, you could be seeking to thrive as a whole person instead of merely surviving as a mere fragment or shell of yourself as many people do today.

Yet, you are likely to also hunger to share your life with others on the best terms possible and not have to endure life alone. Your heart’s desires express your longing for connection with others while being true to yourself. It is challenging to satisfy these two longings simultaneously and yet your heart desires that you do precisely that! I can help you find the balanced blend of the two that wisdom offers you.

As a person who grew up with an increasing awareness that I carried around inside of me seeds of being “different” from others, I’d like to talk with you about how to take care of yourself wisely and experience the connections your heart desires. You need not journey through life feeling vaguely (and perhaps, occasionally acutely) unwanted, unwelcome and unnoticed for your true value. You can selectively choose whom to trust with your heart and mind -- and enjoy physical intimacy too. No matter how risky that may have been in the past, it is a risk you can take now with greater prospects for success and happiness.

Because I honor those who hunger to know how to live as a different expression of the human race, I want to help you achieve your dreams in a self-nurturing way that takes into account the long-term side effects of being authentically who you are. The stress of feeling different (perhaps sometimes even like an alien or freak in this conformist culture) can rob you of your life satisfaction and leave you wondering why you put out so much effort for so little reward. A conformist society does not make it easy to be you.

I want to do what I can to help you to meet the challenges of being you while you explore education and/or expanded life experiences – even while the tensions between social conformity and your creative nonconformity exist. You can learn to ease those tensions and move forward against the odds as the uniquely creative expression of humanity you are.

There's a lot to talk about when you're thinking about moving forward as you desire to move or are already tackling it (and life!). If you want to design a life for yourself that does not merely repeat patterns of the past that you and others have endured but instead welcomes relief in the form of all your heart desires in an improved future (for yourself and others), I am available to listen and talk as much as you feel the need and desire to share your heart and mind. Let me know if the prospect of feeling less alone, less doubt and more reassuring confidence in making and carrying out your decisions interests you. Through our unity of purpose and good will may flow the universal power of life-enriching, heart-reassuring synergy!

© Art Nicol 2018