

## FOR THOSE WITH MULTICULTURAL BACKGROUNDS

If your background includes having experienced more than one culture, you are potentially an asset in a multicultural society that struggles with how to blend all cultures into a unified diversity that honors all people within subcultures while creating a new overarching culture of diversity not yet masterfully experienced. As the worldwide society shrinks through the increasing influence of mass media, the Internet, ease of international travel, the flow of immigrants and refugees and other factors, the expansive diversity of human lifestyles is exploding into our awareness, catching many people by surprise and shocking some into reacting harshly in opposition to rather than acceptance of diversity.

The rapid pace of changing orientations towards diversity challenges many people to face their fears of those they see as “strangers,” or “others” or “different.” One fear is the primal fear of change itself, of feeling no longer in control as much as one once imagined. Another primary fear is called “xenophobia” – the fear of strangers. What we need to intentionally cultivate is “xenophilia” or the love of strangers, and the willingness to undergo change or growth gracefully by letting go of past patterns of security and mastering new ones. Just as trapeze artists learn to let go of one bar in order to transfer their grip to another bar, we can master the art of letting go and getting a new grip on life.

If you want to help society make our culturally “in-flight” transition from xenophobia to xenophilia and master a new sense of security, let’s talk about how I may help you to participate effectively and meaningfully in this transition while you are pursue your dreams of education, work life and personal life. Your background and desire to help may prepare you to enjoy participating in an evolving society at the cutting edge of collaborations that are based on the most promising qualities of life. It’s worth exploring this possibility to see what doors may open for you as a member of a team of collaborators in any field you choose.

There's a lot to talk about when you're thinking about tackling expanded goals or are already tackling them (and life!). If you want to design a lifestyle for yourself that does not merely repeat patterns of the past that you and others have endured but instead is infused with the relief of the best you hope to experience, I am available to listen and talk as much as you feel the need and desire to share your heart and mind. Let me know if the prospect of feeling less loneliness, less doubt and more reassuring confidence in making and carrying out your decisions appeals to you. Through our unity of purpose and good will may flow the universal power of life-enriching, heart-reassuring, mind-enlightening, capacity-building synergy!